

MARKET AT A GLANCE

Monday, 19 January 2026



Indices Update

Indices	Rate	% Chg
Dow Jones	49359.33	-0.17
Shanghai	4101.62	-0.01
Sensex	83570.35	0.00
MSCI Asia Pacific	240.459	0.31

Intraday Technical Outlook

Instruments	Technical Commentary	Outlook
Gold LBMA Spot	Outlook remains on the bullish side. Immediate reversal point is placed at \$3900.	

Currencies

Currencies	Rate	% Chg
USDINR	90.665	-0.02
EURUSD	1.1625	0.24
USDJPY	157.66	-0.27
Dollar Index	99.148	-0.25

Instruments	Technical Commentary	Outlook
Silver LBMA Spot	While prices stay above \$80 would extend bullish rallies.	
Crude Oil NYMEX	Recovery rallies expected as long as the support of \$55 hold downside.	

International Market Rates

Commodities	Rate	% Chg
Gold (\$/oz)	4671.70	1.66
Silver (\$/oz)	93.20	5.64
NYMEX Crude Oil (\$/bbl)	59.42	-0.03
NYMEX NG (\$/mmbtu)	3.485	12.31
COMEX Copper (\$/Lbs)	5.8495	1.05
LME NICKEL (\$/T)	17578	0.70
LME LEAD (\$/T)	2052.5	0.71
LME ZINC (\$/T)	3224	0.45
LME ALUMINIUM (\$/T)	3158	0.86

Instruments	Technical Commentary	Outlook
Gold KG Feb	Choppy trades expected initially. Anyhow stiff support is seen at Rs 130000.	
Silver KG Mar	Bullish rallies would continue initially. Major support is seen at Rs 190000.	
Crude Oil Feb	Break above Rs 5550 may see fresh bullish rallies. Inability to cross the same may see choppy trades for the day.	
Natural Gas Jan	Gap up opening and expect rallies for the day. Major support is seen at Rs 290.	

Previous day's closing

Expected Opening In MCX

Commodities	Rate	% Chg
Gold mini	144696	1.70
Silver mini	298819	3.02
Crude oil	5391	-0.59
Natural Gas	316.6	12.92
Copper	1290	0.98
Nickel	1564	0.63
Lead	191.80	0.66
Zinc	313.58	0.25
Aluminium	316.60	0.85

Instruments	Technical Commentary	Outlook
Nickel Jan	Support is placed at Rs 1300, which if cleared would extend weakness.	
ZincM Jan	Upticks likely to continue as long as prices stay above the support of Rs 300.	
LeadM Jan	Expect choppy trading but major support is placed at Rs 185.	
Alumini Jan	Outlook remain on the bullish and expect to continue the rallies. Stiff support is seen at Rs 298.	



MCX TECHNICAL LEVELS								
	COMMODITY	S1	S2	S3	Pivot	R1	R2	R3
BULLION	GOLD FEB6	141384	140252	139283	142353	143485	144454	145586
	GOLDM MAR6	141321	140369	139555	142135	143087	143901	144853
	GOLDGUINEA JAN6	115304	114799	114095	116008	116513	117217	117722
	SILVER MAR6	283583	279404	274763	288224	292403	297044	301223
	SILVERM FEB6	293713	289659	285420	297952	302006	306245	310299
BASE METALS	SILVER MIC FEB6	293830	289803	285558	298075	302102	306347	310374
	COPPER JAN6	1310.2	1304.1	1296.2	1318.1	1324.1	1332.0	1338.1
	LEAD JAN6	192.3	192.0	192.7	191.6	191.9	191.2	191.5
	ZINC JAN6	314.2	311.9	308.7	317.4	319.8	323.0	325.3
ENERGY	ALUMINIUM JAN6	318.6	317.3	315.6	320.3	321.6	323.3	324.6
	NATURALGAS JAN6	272.3	264.3	253.5	283.1	291.1	301.9	309.9
	CRUDEOIL FEB6	5339	5256	5197	5398	5481	5540	5623
INDICES	MCX BULLDEX	37963	37287	36753	38497	39173	39707	40383
GLOBAL BENCHMARKS								
NYMEX/COMEX	100 GOLD JAN26	4612.9	4612.9	4612.9	4612.9	4612.9	4612.9	4612.9
	SILVR 5000 JAN26	88.18	84.01	81.89	90.30	94.47	96.59	100.76
	LIGHT CRUDE FEB6	58.39	57.51	56.13	59.77	60.65	62.03	62.91
	NAT GAS FEB26	3.03	2.91	2.82	3.12	3.24	3.33	3.45
	HG COPPER JAN26	5.91	5.87	5.84	5.93	5.97	5.99	6.03
LME	ZINC	2813	2837	2753	2897	2873	2957	2933
	LEAD	1993	1977	1943	2027	2043	2077	2093
	ALUMINIUM	2560	2568	2521	2607	2599	2646	2638

BULLISH  BEARISH  MLD BULLISH  MILD BEARISH  +RANGE BOUND  - RANGE BOUND 

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Compliance Officer

Ms. Indu K.
GEOJIT Investments Ltd
7th Floor, 34/659-P, Civil Line Road,
Padivattom, Edapally, Ernakulam,
682024
Kerala, India
Tele: 0484 -2901367
Email: compliance@geojit.com

Grievance Officer
Mr Nitin K
GEOJIT Investments Ltd
7th Floor, 34/659-P, Civil Line Road,
Padivattom, Edapally, Ernakulam,
682024
Kerala, India
Email : grievances@geojit.com

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HAREESH V Digitally signed by HAREESH V
Date: 2026.01.14 07:29:10
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